

# FOUNTAIN LAKE SCHOOL DISTRICT

Breakfast : K-12

Jul 24,  
2017

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Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 Sausage/Biscuit CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%
Sep - 4 HOLIDAY	Sep - 5 DONUT, POWDERED, MINI'S CEREAL, ASSORTED CRACKERS, GRAHAM APPLE JUICE MILK, 1%	Sep - 6 FRENCH TOAST STICKS CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%	Sep - 7 SCRAMBLED EGGS TOAST, WHOLE-WHEAT BREAD CEREAL, ASSORTED CRACKERS, GRAHAM APPLE JUICE MILK, 1%	Sep - 8 Sausage/Biscuit CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%
Sep - 11 POP TART CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%	Sep - 12 DONUT, CHOC. MINI'S CEREAL, ASSORTED CRACKERS, GRAHAM APPLE JUICE MILK, 1%	Sep - 13 PANCAKE, WG, SYRUP CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%	Sep - 14 Breakfast Pizza CEREAL, ASSORTED CRACKERS, GRAHAM APPLE JUICE MILK, 1%	Sep - 15 Sausage/Biscuit CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%
Sep - 18 POP TART CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%	Sep - 19 SUPER DONUT CEREAL, ASSORTED CRACKERS, GRAHAM APPLE JUICE MILK, 1%	Sep - 20 FRENCH TOAST STICKS CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%	Sep - 21 SCRAMBLED EGGS TOAST, WHOLE-WHEAT BREAD CEREAL, ASSORTED CRACKERS, GRAHAM APPLE JUICE MILK, 1%	Sep - 22 Sausage/Biscuit CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%
Sep - 25 POP TART CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%	Sep - 26 DONUT, POWDERED, MINI'S CEREAL, ASSORTED CRACKERS, GRAHAM APPLE JUICE MILK, 1%	Sep - 27 PANCAKE, WG, SYRUP CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%	Sep - 28 Breakfast Pizza CEREAL, ASSORTED CRACKERS, GRAHAM APPLE JUICE MILK, 1%	Sep - 29 Sausage/Biscuit CEREAL, ASSORTED CRACKERS, GRAHAM Orange Juice MILK, 1%

USDA IS AN EQUAL OPPORTUNITY PROVIDER --MENUS SUBJECT TO CHANGE/ 5-12 ONLY--PREPACKED SALAD OFFERED DAILY AND BAKED POTATOES ON TUES./THURS.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**